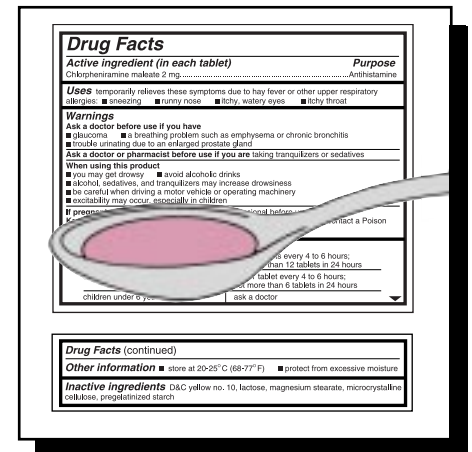
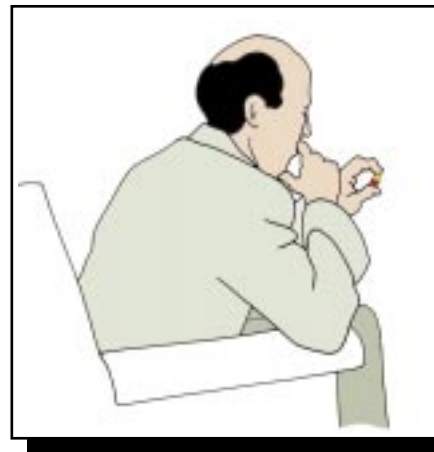


Use Medicine Safely



When you don't feel well,
medicines can help you
get better.



But they can hurt you if you
don't take them according to
instructions from your doctor
or pharmacist. Before using
any medicine, read the label!



This booklet tells you how
to use medicine safely.

There are two kinds of medicine:

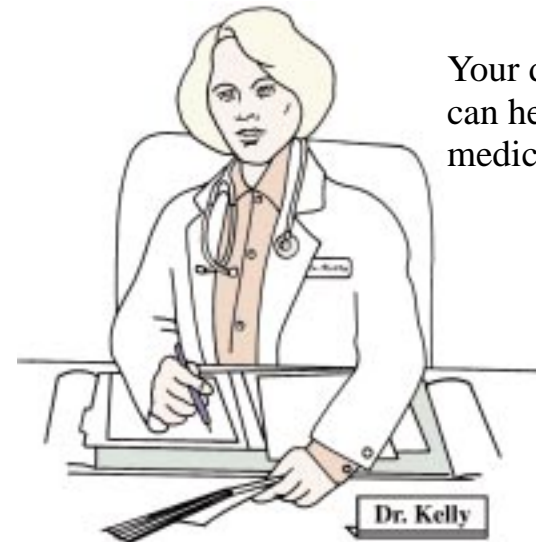
■ Over-the-Counter (OTC) Medicine

Medicine you can buy without a doctor's prescription.



Drug Facts	
Active ingredient (in each tablet) Chlorpheniramine maleate 2 mg.....	Purpose Antihistamine
Uses temporarily relieves these symptoms due to hay fever or other upper respiratory allergies: ■ sneezing ■ runny nose ■ itchy, watery eyes ■ itchy throat	
Warnings Ask a doctor before use if you have ■ glaucoma ■ a breathing problem such as emphysema or chronic bronchitis ■ trouble urinating due to an enlarged prostate gland Ask a doctor or pharmacist before use if you are taking tranquilizers or sedatives When using this product ■ you may get drowsy ■ avoid alcoholic drinks ■ alcohol, sedatives, and tranquilizers may increase drowsiness ■ be careful when driving a motor vehicle or operating machinery ■ excitability may occur, especially in children If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
Directions	
adults and children 12 years and over	take 2 tablets every 4 to 6 hours; not more than 12 tablets in 24 hours
children 6 years to under 12 years	take 1 tablet every 4 to 6 hours; not more than 6 tablets in 24 hours
children under 6 years	ask a doctor

Drug Facts (continued)	
Other information ■ store at 20-25° C (68-77° F) ■ protect from excessive moisture	
Inactive ingredients D&C yellow no. 10, lactose, magnesium stearate, microcrystalline cellulose, pregelatinized starch	



Your doctor or pharmacist can help you take medicine safely.

■ Prescription Medicine

Your doctor writes a prescription that tells the pharmacist what you need. You pick up the medicine at the drug counter.



Medicine labels may be hard to read. Make sure you ask questions.



Taking more than one medicine without telling the doctor might hurt you.

When you talk to your doctor and pharmacist:

- tell them which medicines you are taking now
- tell them if you have ever had problems with medicine
- make a list of your medicines to show them, or bring your medicine with you



Protect yourself and your baby. Medicine may hurt your baby. Tell the doctor or pharmacist if:



■ You are pregnant.

■ You are nursing a baby.



Before you take any kind of medicine, make sure you know:



■ What it is.



■ Why you should take it.



■ If it could make you feel sleepy or cause some other problem for you.

■ When to take it.



■ How much to take.



■ How long to take it.



■ You also need to know what you should **not** have while taking your medicine.

Some foods and drinks can make medicine work too fast. Some can make it work too slow—or not at all.



Smoking cigarettes also can change the way your medicines work. Drinking alcohol when you are taking some medicines can be **very** dangerous.



Some medicines can cause problems even if you take them the right way. Call your doctor or pharmacist if you think your medicine is making you feel worse.



Here are three safety ideas:

1. When you buy medicine, make sure no one has already opened it.

At the store, check to see if the package was opened.

If it was, tell a person working in the store.



2. **Never ever** take someone else's prescription medicine.



At home, see if the medicine looks normal. If it doesn't, don't use it! Take it back to the store.

3. Keep **all** medicines away from children. A locked cabinet is best.



Do you have questions about your medicine?
The FDA (Food and Drug Administration) may
have an office near you. Look for their number
in the blue pages of the phone book. You can
also contact the FDA through its toll-free
number, 1-888-INFOFDA (1-888-463-6332).



Write a letter to:
FDA
HFD-210
Rockville, MD 20857

Or, on the World Wide Web at www.fda.gov/.